



# MONARK 928E

## MAIN FEATURES

- Super fast motor
- Easy entry frame
- Stand alone, 4 fixed test protocols
- Calibrated watt in display

## THE BASICS

- Good cycle feeling
- Speed independent power control
- Easy to control and calibrate
- Remote control USB
- ANT+ and 5 kHz HR systems
- Easy to connect to PC Monark Test Software
- Workload range 15-700W
- Protocols: Increment, PWC, Åstrand, YMCA
- Training mode: Watt and METS



Max user weight 250 kg

Medical Device class IIa

Monark Test Software

# Specifications

## MONARK 928E

|                                  |   |
|----------------------------------|---|
| <b>Certifications</b>            | EU directive 93/42/EU class IIa               |
| <b>Frame</b>                     |   |
| <b>Type</b>                      | Medical Frame                                 |
| <b>Handlebar</b>                 | Monark Handlebar                              |
| <b>Stem</b>                      | n/a   |
| <b>Seatpost</b>                  | Monark Standard                               |
| <b>Saddle</b>                    | Saddle, blue                                  |
| <b>BB</b>                        | 68/122 mm                                     |
| <b>Crank</b>                     | Steel, 170 mm                                 |
| <b>Pedals</b>                    | 9/16", pedals with foot straps                |
| <b>RESISTANCE</b>                |   |
| <b>System</b>                    | Pendulum                                      |
| <b>Flywheel</b>                  | 20 kg   |
| <b>DISPLAY</b>                   |   |
| <b>RPM</b>                       | Yes   |
| <b>HR</b>                        | ANT+, 5 kHz                                   |
| <b>Time</b>                      | Yes   |
| <b>Speed</b>                     | Yes   |
| <b>Distance</b>                  | Yes   |
| <b>Watt</b>                      | Yes   |
| <b>Connectivity</b>              |   |
| <b>RS232</b>                     | n/a   |
| <b>Usb</b>                       | USB   |
| <b>WEIGHT &amp; MEASUREMENTS</b> |   |
| <b>Max user weight</b>           | 250 kg  |
|                                  |   |
| <b>Length [mm]</b>               | 1240 mm                                       |
| <b>Width [mm]</b>                | 500 mm at handlebar<br>640 mm at support legs |
| <b>Height [mm]</b>               | 1260 mm at handlebar<br>780-1170 mm at saddle |
| <b>Weight [kg]</b>               | 58 kg   |
| <b>POWER REQUIREMENTS</b>        | 220V [12V, 5,0A]                              |



### PC CONNECTION

Direct connection to PC .



### TEST

Offers the possibility of performing different tests thanks to the accurate workload which can be calibrated.



### HEART RATE

Equipped to measure heartrate via chestbelt.



### SOFTWARE

For fitness testing and in some cases, even training can be used with this model.



### CONSTANT POWER MODE

Symbol for speed independent.



### FIXED PROTOCOL

For test or training controlled through the display or PC program.

### MEDICAL CE

Monark Exercise AB is since 1992 ISO 9001 certified. All models are:

- Approved under CE Certificate No. 15 36 01 (MDD IIa)
- Anti-corrosion treated and powder coated
- Made in Sweden